



Sophia Girls' College, Ajmer
(Autonomous)
National Webinar

On

“Healing Power of Arts”

7th & 8th August, 2020
(4 p.m. to 6 p.m.)



Organised by

Department of English

Link for Registration:

<https://tinyurl.com/SGCAEngWebinar2020>



About the Webinar

Though they may call it financially futile, see it as an escapist distraction or fear it as a dangerous weapon; the creation of arts and its consumption have survived through all the phases of human history all over the world. Poets, musicians, painters, writers, and playwrights express themselves and reach out to the collective spirit of humanity. A healing phenomenon occurs through this connection that repairs and revives the emotional, mental, and spiritual pains of both the creator and the receiver.

The inclusion of expressive art therapy in medical science is a testimony that art heals. "Healing" has become the Holy Grail that humanity is searching for through the infected and dubious reality. At the same time, the self-contained individuals have found solace and sanctuary in arts. As we wander on the quest to revive human condition, our paths continuously take us through word-structures, brush-strokes, musical notes, body gestures - hinting that rejuvenation and imaginative expression are intricately bonded.

As our reality struggles through the infected realms of human existence, interdisciplinary insight into the role of arts as a healing force needs to be explored and brought to light to redefine the age-old question: Do we create art or does art creates us?

Objectives:

- To understand the scientific backgrounds of the positive effects of art forms on both the creator and the consumer.*
- To analyse the curative and restorative role of various art forms during a crisis.*
- To explore the world of art therapy and its importance in our daily lives.*
- To unearth the interdependence among various art forms and their culminative supportive role to human personality.*



Kindly Note:

- All participants are requested to join the sessions by 3:45 pm.
- The link will be shared on 6th August.
- Participants will receive the certificates after the successful completion of the webinar.
- Participants are requested to fill the Registration and Feedback Form carefully with correct name and email id. as these details will be used for the Certificates.



No Registration Fee



Webinar Committee

Patron

Dr. Sr. Pearl

Principal

Sophia Girls' College, Ajmer (Autonomous)

Convener

Ms. Sandra Lee

Head,

Department of English

Organizing Secretary

Mr. Elver Aubert

Professor

Department of English

Organizing Committee:

Ms. Sonal Sharma, Dr. Anshu Joshi, Sr. Vinita Xalxo ,

Ms. Yashasvini Rathore, Ms. Hansmita Pri+yavrat

Contact Details:

Ma'am Sonal Sharma - 9783737224, Sr Vinita Xalxo- 9461028058



Our Esteemed Speakers:



(Keynote Speaker)
Ms. Preeta Mathur Thakur

*President,
Ank Theatre Group,
Mumbai*



Ms. Bhavna Khajuria

*Assistant Professor
Department of Design- Kala Bhavan
Visva Bharti University, Santiniketan*



Ms. Varada Vijayini

*Assistant Professor
Department of Music
Government Girls' College, Nathdwara*



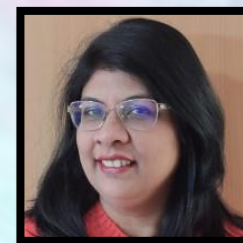
Ms. Yvette Lee

*Counselor and Social Worker
Mahatma Education Society Pillai Group of Institutions,
Mumbai*



Mr. Shyam Mathur

*Translator, Playwright and Theatre Director
Head of the Department of Mathematics (Retired),
Mayo College, Ajmer*



(Valedictory Speaker)
Dr. Kavita Bhatnagar

*Commissioner Customs (Audit),
New Delhi*

