

SOPHIA GIRLS' COLLEGE
(AUTONOMOUS), AJMER



DEPARTMENT OF PHYSICAL
EDUCATION

2018-19

32nd Intercollegiate Handball (W) Tournament 2018-19
of MDS University, Ajmer

- **Date:** 22nd to 23rd October, 2018
- **Level:** Intercollegiate Handball (W) Tournament
- **Venue:** Sophia Girls' College (Autonomous), Ajmer
- **Title of the event:** 32nd Intercollegiate Handball (W) Tournament 2018-19 of MDS University, Ajmer
- **Total Number of the Students:** 60
- **Resource person :** Chairman Nominee : Ms. Anu Dadhich (Lecturer, S.N.D.W.P.T.T. College, Bhilwara)
Observer: Ms. Shristi (D.P.E., S.R.K. Patni Girls' College, Kishangarh)
Chief Guest: Dr. Shiv Dayal Singh, Chairman, Sports, MDS University, Ajmer

The following 5 Colleges participated in the tournament:

1. DAV College, Ajmer
2. SNDWPTT College, Bhilwara
3. Sri Vardhaman College, Beawar
4. SPC Government College, Ajmer
5. Sophia Girls' College, Ajmer



32nd Intercollegiate Women's Tournament 2018-19
of MDS University, Ajmer

- **Date:** 22nd to 24th September 2018
- **Level:** Intercollegiate
- **Venue:** Sophia Girls' College (Autonomous), Ajmer
- **Title of the activity:** 32nd Intercollegiate Women's Tournament 2018-19
- **Total Number of the Students:** 654
- **Sports:** Basketball, Hockey, Kabaddi, Kho –Kho and Volleyball

Resource person: Chairman Nominee:

Dr. M.K. Singh (Vice Principal, D.A.V. College, Ajmer)

Dr. Asha Nair (D.P.E., S.P.C. Govt. College, Ajmer)

Dr. Vishnu Parma (D.P.E., Govt. College, Puskar)

Dr. Vivek Bhardwaj (D.P.E., Govt. College, Masuda)

Dr. Asgar Ali (Sports Officer, D.A.V. College, Ajmer)

Observer: Dr. Chandrakanta Tripathi (Principal, S.N.D.W. P.T.T. College,
Bhilwara)

Dr. Dinesh Choudhary (S.A.I. Kabaddi Coach, Ajmer)

Shri Ram Kumar (D.P.E. , Govt. College, Gulabpura)

Shri Nand Kumar (S.A.I. Hockey Coach, Ajmer)

Chief Guest: Mr. Namit Mehta, Commissioner A.D.A.

Guest of Honour: Mr. Hemant Mathur, Secretary A.D.A.

The following 25 Colleges participated in the tournament:

1. Acharya Shree Mahapragya, Bhilwara
2. Acharya Shree Tulsi Amrit College, Gulabpura

3. Adarsh College, Kuchaman
4. Agarwal Girls' College, Kishangarh
5. Aaryan College, Ajmer
6. DAV College, Ajmer
7. Gandhi Girls' College, Gulabpura
8. Government College, Kishangarh
9. Government College, Niwai
10. Government Girls' College, Ajmer
11. Jupiter College, Nagaur
12. Kuchaman City, Kuchaman
13. Rani Lakshmi Bai Kuchaman College, Tonk
14. Regional Institute of Education, Ajmer
15. Rupi Devi Girls' College, Mandal
16. SNDVWPTT, Bhilwara
17. SPC Government College, Ajmer
18. SRK Patni College, Kishangarh
19. SBRM Government College, Nagaur
20. SD College, Beawar
21. Sri Vardhaman College, Beawar
22. SMM College, Bhilwara
23. Veer Teja, Mundawa
24. Marwar College, Kuchaman
25. Sophia Girls' College, Ajmer





**Sophia Girls' College
(Autonomous), Ajmer**

**THE
INTRA -
MURAL
GAMES
2018-19**



Date: February 4 - 6, 2019
Timing: 3:30 PM
**Venue: Sophia Girls' College
Play Ground**

- **Name of the Department:** Physical Education
- **Date:** 4th – 6th February 2019
- **Level:** College
- **Venue:** Sophia Girls' College (Autonomous), Ajmer
- **Name of the Activity:** Intramural Tournament
- **Total Number of the Students:** 325

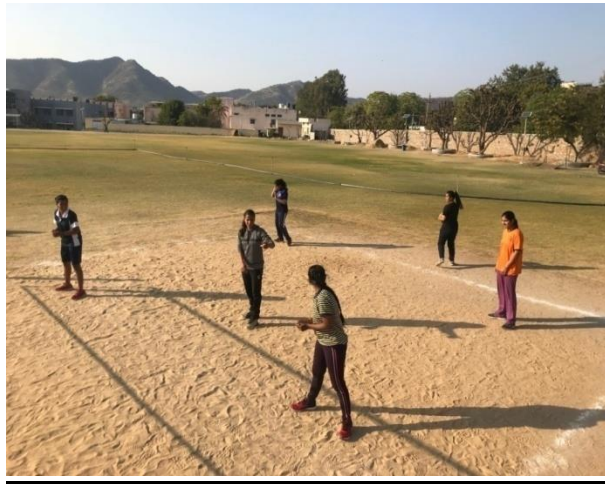
Results

S.No.	Event Name	Position	Name	Class
1.	100 mt.	I	Maneesha Indwar	B.Com Part II
2.		II	Kajol Malhotra	BCA Part III
3.		III	Pooja Rathore	B.Sc Maths Part III
4	200 mt.	I	Maneesha Indwar	B.Com Part II
5		II	Pooja Rathore	B.Sc Maths Part III
6		III	Rajshree Shekhawat	B.A. Part III
7	Shot Put	I	Priyanka Tigga	BA. Part II
8		II	Pooja Rathore	B.Sc Maths Part III
9		III	Maya Begum	B.A. Part III
10	Discus Throw	I	Maya Begum	B.A. Part III
11		II	Pooja Rathore	B.Sc Maths Part III
12		III	Priyanka Tigga	B.A. Part II
13	Javelin Throw	I	Vatsala Mathur	B.Sc. Bio Part II
14		II	Maya Begum	B.A. Part III
15		III	Priyanka Tigga	B.A. Part II
16	4*100 mt. Relay	I	Rajshree Shekhawat	B.A. Part III
17			Priyanka Tigga	BA. Part II
18			Indu Kumari	BA. Part I
19			Mumal Shekhawat	BA. Part I
20	B.Sc.	II	Pooja Rathore	B.Sc Maths Part III
21			Divya Jain	B.Sc Bio Part III
22			Reena Jangid	B.Sc Maths Part II
23			Vatsala Mathur	B.Sc Bio Part II
24	B.Com	III	Deepti Bapna	B.Com I

25			Riya garg	B.Com II
26			ManeashaIndwar	B.Com III
27			ShivanginiKanawat	B.Com III
28	Table Tennis	Winner	Shivika Banerjee	B.A. Part II
29	B.A.		Lakshita Sharma	B.A. Part I
30			Bhargavi Rathore	B.A. Eng. Hons. II
31	B.Sc.	Runner's Up	Harshita Sacrawat	B.Sc Part II
32			DeepshikhaShekhawat	B.ScMaths Part II
33			Surya Shekhawat	B.ScMaths Part III
34	Badminton	Winner	Abhilasha	B.A. Part III
35		B.A.	Neha Singh	B.A. Part II
36			Priyanka Tigga	B.A. Part II
37			Yashashvi Yadav	B.A. Part I
38			Twinkle Kansal	B.A. Eng. Hons. Part I
39	Badminton	Runner's Up	Radhika G. Nair	B.Sc. Part II
40		B.Sc.	Mariya V.N.	B.Sc. Part II
41			Harshita sacrawat	B.Sc. Part II
42			DeepshikaShekhawat	B.Sc. Part II
43			Vatsala Mathur	B.Sc. Part II
44	Volleyball	Winner B.Sc	AnujaGuwalani	B.Sc. Bio Part I
45			Chakshita Pareek	B.Sc. Bio Part I
46			Anshika Bhatnagar	B.Sc. Part I
47			PalaviShekhawat	B.Sc. Part III
48			Navya Joy	B.Sc. Part III
49			Indra	B.Sc. Part I
50			Vatsala Mathur	B.Sc. Part II
51			Manisha Sisodiya	B.Sc. Part III
52			Harshita Sacrawat	B.Sc. Part II
53			DeepshikaShekhawat	B.Sc. Part II
54			Harshita Khatri	B.Sc. Part I
55			Radhika G. Nair	B.Sc. Part II
56	Volleyball	Runner's Up	ShivanginiKanawat	B.Com III
57		B.Com	MeghaMewara	B.Com III
58			Deepti Bapna	B.Com I
59			Avantika Vyas	BBA I
60			Kirti Jodha	BBA I
61			Muskan Jain	BBA II
62			Anjali Kumawat	
63			Kanika Singh Rajawat	B.Com II

64	Throw Ball	Winner B.Com	Shivangani Kanawat	B.Com III
65			Megha Mewara	B.Com III
66			Haniya Khatun	B.Com III
67			Kanika Singh Rajawat	B.Com II
68			Megha Sindal	B.Com II
69			Deepti Bapna	B.Com I
70			Maneesha Indwar	B.Com II
71			Riya Garg	B.Com II
72			Ankita Singh	B.Com II
73			Pooja Kumari	B.Com II
74			Vijeta Rathore	
S.No.	Event Name	Position	Name	Class
75	Throw Ball	Runner's Up B.A.	Yashaswani Rathore	B.A III
76			Sanju Bishnoi	B.A III
77			Kritika Sharma	B.A III
78			Abhilasha	B.A III
79			Neha Singh	B.A II
80			Bhawana Shekhawat	B.A II
81			Aditi Rathore	B.A II
82			Bhargavi Rathore	B.A II
83			Mediniraj	B.A II
84			Twinkle Kansal	B.A Eng. Hons. I
85			Mahima Rathore	B.A I
86	Moomal Rathore	B.A I		
87	Basketball	Winner B.A	Kamlesh Taragi	B.A III
88			Mahima Raymond	B.A III
89			Priyanka Tigga	B.A II
90			Moomal Panwar	B.A II
91			Harshita Rathore	B.A I
92			Aayushi Rathore	B.A I
93			Tripti Rathore	B.A I
94			Meemansa	B.A I
95			Arundhati Bishnoi	B.A I
96			Netal Deora	B.A I
97			Monal Singh	B.A I
98	Poorvi Bhati	B.A I		
99	Basketball	Runner's Up	Vatsala Mathur	B.Sc. II
100			Divya Jain	B.Sc. III
101			Dimpu Singh	B.Sc. III
102			Deepshika Shekhawat	B.Sc. II
103			Pooja Rathore	B.Sc. III
104			Manisha Sisodia	B.Sc. III

105			Rupal Gehlot	B.Sc. II
106			Harshita Sacrawat	B.Sc. II
107			Ananya Yadav	B.Sc. II
108			Manisha	B.Sc. I
109			Monika Yadav	B.Sc. II
110			Reena Jangid	B.Sc. II



Training camps for 32nd Intercollegiate Tournament 2018-19

The department of Physical Education of Sophia Girls'College (Autonomous), Ajmer organised camps for various games to train the athletes for the intercollegiate tournaments for the session 2018-19.

Resource person – Coaches of the respective games.

Description:

The main intent of our training programme is to discover the players who can not only play well, but those who are physically and mentally fit.

Learning Outcome: Our training programme concentrate on final presentation of the players in the approaching Intercollegiate and other federation tournaments.

The training camps were organised for the following games:

S.No.	Game	Position	No. of participants	Players Participation at West Zone/ All India/National
Inter Collegiate Results: 2018-19				
1	Basketball	Winner	12	5 Players (West Zone)
2	Volleyball	Winner	12	4 Players (West Zone)
3	Handball	Winner	12	4 Players (West Zone)
4	Table Tennis	Winner	4	3 Players (West Zone)
5	Cricket	Runner's Up	16	4 Players (West Zone)
6	Kho- Kho	Runner's Up	12	3 Players (West Zone)
7	Lawn Tennis	Runner's Up	4	2 Players (West Zone)
8	Yoga	Runner's Up	6	1 Player (All India)
9	Boxing	2 Gold, 2 Silver, 1 Bronze	9	1 Player (All India)
10	Kabaddi	Semifinalist	12	1 Player (West Zone)
11	Hockey	Winner	16	2 Players (West Zone)

12	Athletics	2 silver, Bronze	1	15	-
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28 players participated in west zone inter university tournament and 2 players participated in All India inter university tournament

Invitation Tournament

➤ Basketball:

Winner:

1. National Sports meet organized by Jaipuria Institute of Management.
2. Lakshya 2019 organized by Poornima University Jaipur
3. Spardha Sports Meet 2019 organized by JECRC University Jaipur

➤ Athletics:

Bhavya Bhushan: Gold Medal in Shot Put in invitational Athletics meet held at Delhi.

➤ Karate:

Mansi Pathak won Gold medal in state tournament in kumite under 21 age category

National:

1. Ayushi Joshi, Kamlesh Taragi, Anisha Rathore, Moomal Panwar & Catherine Alexander won gold medal in 3rd Senior National Tennis Cricket Tournament held at Chandravadai Stadium, Ajmer from 1st – 4th August 2018. Kamlesh Taragi won the player of the tournament title.
2. Mansi Pathak and Jyotsana Unnial won Silver and Bronze medal in national karate tournament held at Rohtak from 22nd to 23rd August 2018

respectively. Mansi Pathak represented Rajasthan in National Karate Training Camp from 31st Dec 2018 to 1st Jan 2019.

3. Kamlesh Taragi B.A. III year and Kanika Singh Rajawat B.Com. II year represented Rajasthan in 69th Senior National Basketball tournament held at Bhavnagar Gujarat from 5th – 12th January 2019.

District:

Abhilasha Rathore won Bronze Medal in shooting 10mt. pistol at Karni Sports Shooting Academy Ajmer from 7th -8th September 2018.